



**PRAYER TARGET: Repentance & Change**

**DAY 3**

Today the prayer point is confusion and disappointment. Let's pray that God sends His help for every confused mind and disappointed heart. Whatever we feel or face, God is able!

**Be Encouraged!**

It is so amazing that God wants to hear from us, and that He encourages us to bring our needs and emotions to Him. Psalm 62:8 says, "Trust in him at all times; ye people, pour out your heart before him: God is a refuge for us. Selah." He can be trusted with confusion, disappointment, and anything else that burdens our minds or overwhelms our hearts. Be vulnerable and honest in prayer. Our father is an expert at healing, changing, and helping us through it all.